

Intersecting with History

Instructions: Our lives are marked and shaped at some level by significant events in the larger society and world which occur throughout our lifetime. Consider those times in your life when you realized either in the moment or in retrospect that things happening in the larger society or world around you were having an impact on your life and understanding of yourself.

Significant event in larger society or world	Why was this significant? In what way did this impact you, those around you, and the culture or world in which you live?	How did this play into how you imagine your own place in the world or your sense of purpose going forward?

"The human heart is never completely born. It is being birthed in every experience of your life. Everything that happens to you has the potential to deepen you. It brings to birth within you new territories of the heart."
- John O'Donohue, Anam Cara: Spiritual Wisdom from the Celtic World