The following game was contributed to the Toolkit by ABCD Faculty Member, Cormac Russell.

Capacity Cards

for

‘The We Can Game’

An Asset Based Community Development Asset Mapping Resource Game

Cormac Russell
www.nurturedevelopment.ie
www.inclusion.com
We Can...

Support/Care for Older People

Support/Care for a Person Who is not Well

Put People at Ease

Give Fashion Advice

Type and/or File Papers

Write a Business Letter

Plan an Event

Exercise with Another Person or a Group

Visit a (new) Neighbour

Do Hair Dressing
We Can...

Support/Care for Older People

Support/Care for a Person Who is not Well

Put People at Ease

Give Fashion Advice

Type and/or File Papers

We Can...

Write a Business Letter

Plan an Event

Exercise with Another Person or a Group

Visit a (new) Neighbour

Do Hair Dressing

PEOPLE POWERED CHANGE
www.nurturedevelopment.ie
www.inclusion.com

Creative Commons
We Can...

Knock out a Wall

Tend a Bar

Make a Budget

Run a Bingo Game

Set/Clear Tables for a Large Event

Go Camping

Organize a Street Party

Write Reports

Do Basic Plumbing Repairs: ie: Fix a Leaky Tap

Start a Business
<table>
<thead>
<tr>
<th>We Can...</th>
<th>We Can...</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Weave</strong></td>
<td><strong>Make Jam</strong></td>
</tr>
<tr>
<td>Knit or Do Needlepoint</td>
<td>Prepare Food for a Large Event</td>
</tr>
<tr>
<td>Bake</td>
<td>Play</td>
</tr>
<tr>
<td>Manage a Business</td>
<td>Keep Records Fill out Forms</td>
</tr>
<tr>
<td>Help a Neighbour</td>
<td>Run a Chainsaw</td>
</tr>
</tbody>
</table>
We Can...

Cook for a Small Group

We Can...

Manage or Work in a Shop

We Can...

Use an Electric Drill

We Can...

Do Basic Carpentry

We Can...

Share Photos Online

We Can...

Do General Household Cleaning

We Can...

Participate in Fundraising

We Can...

Draw a Map

We Can...

Prune Trees and Shrubs

We Can...

Arrange Flowers
We Can...

**Care for Small Children**

**Build a Deck/Patio**

**Chair a Committee or Group**

**Organize a Meeting**

**Connect People**

**Volunteer**

**Make Presentation Slides - ie Powerpoint**

**Do Activities with Teenagers**

**Wash/Clean Carpets, Rugs & Floors**

**Participate in Boy Scouts/Girl Guides, etc.**
<table>
<thead>
<tr>
<th>We Can...</th>
<th>We Can...</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Use a Digital Camera</strong> or a Video Camera**</td>
<td><strong>Lay Brick or Tile</strong></td>
</tr>
<tr>
<td><strong>Draft a Constitution</strong> or Bylaws for a Group**</td>
<td><strong>Make Jewelry</strong></td>
</tr>
<tr>
<td><strong>Pickle Things</strong></td>
<td><strong>Participate in Political Campaigning</strong></td>
</tr>
<tr>
<td><strong>Solder and/or Weld</strong></td>
<td><strong>Take Messages and/or Receive Phone Orders</strong></td>
</tr>
<tr>
<td><strong>Teach Someone Computer Skills</strong></td>
<td><strong>Go Canoeing/Rafting</strong></td>
</tr>
</tbody>
</table>
We Can...

Plant and Grow Flowers

Sand and Finish Floors

Make People Laugh

Go Fishing

We Can...

Use Social Networking
ie: Facebook, Twitter, etc

Decorate for a Party/Event

Plaster, Paint or Wall Paper

Order Stock for a Shop or Business

We Can...

Write a Funding Proposal

Participate in a School/Parent Association

We Can...
We Can...

Plant/Tend a Community Garden

We Can...

Host a Dinner Party

We Can...

Basic Electrical Repairs: ie: Change a Plug

We Can...

Sing

We Can...

Paint and/or Decorate

We Can...

Mow Lawns

We Can...

Plant and Grow Vegetables

We Can...

Speak in Public

We Can...

Drive a Car

We Can...

Drive a Van
We Can...

Draw and Paint

Edit Photos, Video or Film

Play an Instrument

Design a Poster or Leaflet

Coach a Sport

Run a Stall or Booth at a Fair, Event or Market

Fix a Bike

Do Basic Sewing

Interview People

Plan Work for Others
We Can...

Help a Friend Move

Make a Dish for a Potluck

Chat over Coffee

Welcome People at Events

Assist in a Classroom

We Can...

Care for Pets

Wash Windows

Teach Someone a Skill

Use Basic Carpentry Tools: i.e. Hammer, Saw, Screw Driver

Do General Basic Household Repairs
We Can...

Sell Products
Wholesale or Retail

Do Catering

Keep Basic Accounts
We Can...

Help a New Mother

Support/Care for People with Mental Health Issues

We Can...

Do Small Appliance Repairs

Do Basic Car Repairs/Maintenance

We Can...

Create a Website

Design an Event

We Can...

Facilitate Meetings

Do Yoga

Sit in the Lotus Position

We Can...

Assist a Person with a Disability

Organize Field Trips
We Can...

Operate a Cash Register

Start/manage a band

Refinish Furniture

Install Windows

Do Large Household Equipment Repair: washers, driers, fridges

Participate in a Tenant/Condo or Resident’s Association

Manage Property

Drive a Bus

Operate Commercial Food Preparation Equipment

Drive Commercial Truck/Tractor/Vehicle
We Can...

**Knock out a Wall**

**Tend a Bar**

**Make a Budget**

**Run a Bingo Game**

**Set/Clear Tables for a Large Event**

**Go Camping**

**Organize a Street Party**

**Write Reports**

**Do Basic Plumbing Repairs:**
  **ie: Fix a Leaky Tap**

**Start a Business**
We Can...

**Weave**

**Knit or Do Needlepoint**

**Bake**

**Manage a Business**

**Make Jam**

**Prepare Food for a Large Event**

**Play**

**Keep Records**

**Fill out Forms**

**Help a Neighbour**

**Run a Chainsaw**
We Can...

- Cook for a Small Group
- Manage or Work in a Shop

- Use an Electric Drill
- Do Basic Carpentry

- Share Photos Online
- Do General Household Cleaning

- Participate in Fundraising
- Draw a Map

- Prune Trees and Shrubs
- Arrange Flowers
We Can...

**Care for Small Children**

We Can...

**Build a Deck/Patio**

We Can...

**Chair a Committee or Group**

We Can...

**Organize a Meeting**

We Can...

**Connect People**

We Can...

**Volunteer**

We Can...

**Make Presentation Slides - ie Powerpoint**

We Can...

**Do Activities with Teenagers**

We Can...

**Wash/Clean Carpets, Rugs & Floors**

We Can...

**Participate in Boy Scouts/Girl Guides, etc.**

We Can...
We Can...

Use a Digital Camera or a Video Camera

Lay Brick or Tile

Draft a Constitution or Bylaws for a Group

Make Jewelry

Pickle Things

Participate in Political Campaigning

Solder and/or Weld

Take Messages and/or Receive Phone Orders

Teach Someone Computer Skills

Go Canoeing/Rafting
We Can...

**Plant and Grow Flowers**

**We Can...**

**Sand and Finish Floors**

**We Can...**

**Make People Laugh**

**We Can...**

**Go Fishing**

**We Can...**

**Use Social Networking**

**ie: Facebook, Twitter, etc**

**We Can...**

**Decorate for a Party/Event**

**We Can...**

**Plaster, Paint or Wall Paper**

**We Can...**

**Order Stock for a Shop or Business**

**We Can...**

**Write a Funding Proposal**

**We Can...**

**Participate in a School/Parent Association**
<table>
<thead>
<tr>
<th>We Can...</th>
<th>We Can...</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Plant/Tend a Community Garden</strong></td>
<td><strong>Host a Dinner Party</strong></td>
</tr>
<tr>
<td><strong>Basic Electrical Repairs:</strong></td>
<td><strong>Sing</strong></td>
</tr>
<tr>
<td><em>ie: Change a Plug</em></td>
<td></td>
</tr>
<tr>
<td><strong>Paint and/or Decorate</strong></td>
<td><strong>Mow Lawns</strong></td>
</tr>
<tr>
<td><strong>Plant and Grow Vegetables</strong></td>
<td><strong>Speak in Public</strong></td>
</tr>
<tr>
<td><strong>Drive a Car</strong></td>
<td><strong>Drive a Van</strong></td>
</tr>
</tbody>
</table>

*We Can...*

**People Powered Change**

[www.nurturedevelopment.ie](http://www.nurturedevelopment.ie)

[www.inclusion.com](http://www.inclusion.com)
We Can...

**Draw and Paint**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Edit Photos, Video or Film**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Play an Instrument**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Design a Poster or Leaflet**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Coach a Sport**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Run a Stall or Booth at a Fair, Event or Market**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Fix a Bike**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Do Basic Sewing**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Interview People**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...

**Plan Work for Others**

*People Powered Change*
www.nurturedevelopment.ie
www.inclusion.com

We Can...
We Can...

Help a Friend Move

Make a Dish for a PotLuck

Chat over Coffee

Welcome People at Events

Assist in a Classroom

We Can...

Care for Pets

Wash Windows

Teach Someone a Skill

Use Basic Carpentry Tools: i.e. Hammer, Saw, Screw Driver

Do General Basic Household Repairs
We Can... Sell Products Wholesale or Retail

We Can... Do Catering

We Can... Keep Basic Accounts
We Can...

Help a New Mother

Support/Care for People with Mental Health Issues

We Can...

Do Small Appliance Repairs

Do Basic Car Repairs/Maintenance

We Can...

Create a Website

Design an Event

We Can...

Facilitate Meetings

Do Yoga

Sit in the Lotus Position

We Can...

Assist a Person with a Disability

Organize Field Trips
We Can...

Operate a Cash Register

Start/manage a band

Refinish Furniture

Install Windows

Do Large Household Equipment Repair: washers, driers, fridges

Participate in a Tenant/Condo or Resident’s Association

Manage Property

Drive a Bus

Operate Commercial Food Preparation Equipment

Drive Commerical Truck/Tractor/Vehicle