



The following game was contributed to the Toolkit by
ABCD Faculty Member, Cormac Russell.

Capacity Cards

for

'The We Can Game'

**An Asset Based Community Development
Asset Mapping Resource Game**

Cormac Russell
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www.inclusion.com

We Can...

Support/Care for Older People

PEOPLE POWERED CHANGE

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www.inclusion.com



We Can...

Write a Business Letter

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We Can...

Support/Care for a Person Who is not Well

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We Can...

Plan an Event

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We Can...

Put People at Ease

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We Can...

Exercise with Another Person or a Group

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We Can...

Give Fashion Advice

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We Can...

Visit a (new) Neighbour

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We Can...

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We Can...

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Start a Business

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We Can...

Weave

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We Can...

Knit or Do Needlepoint

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Prepare Food for a Large Event

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Volunteer

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Make Presentation Slides - ie Powerpoint

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Solder and/or Weld

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We Can...

Go Canoeing/Rafting

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Plant and Grow Flowers

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We Can...

Use Social Networking ie: Facebook, Twitter, etc

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We Can...

Sand and Finish Floors

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We Can...

Decorate for a Party/Event

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We Can...

Make People Laugh

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We Can...

Plaster, Paint or Wall Paper

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We Can...

Go Fishing

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We Can...

Order Stock for a Shop or Business

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We Can...

Write a Funding Proposal

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We Can...

Participate in a School/Parent Association

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We Can...

Plant/Tend a Community Garden

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We Can...

Host a Dinner Party

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We Can...

Basic Electrical Repairs: ie: Change a Plug

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We Can...

Sing

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We Can...

Paint and/or Decorate

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We Can...

Mow Lawns

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We Can...

Plant and Grow Vegetables

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We Can...

Speak in Public

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We Can...

We Can...

Drive a Car

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Drive a Van

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We Can...

Draw and Paint

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We Can...

Edit Photos, Video or Film

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We Can...

Play an Instrument

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We Can...

Design a Poster or Leaflet

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We Can...

Coach a Sport

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We Can...

Run a Stall or Booth at a Fair, Event or Market

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We Can...

Fix a Bike

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We Can...

Do Basic Sewing

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We Can...

Interview People

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We Can...

Plan Work for Others

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We Can...

Help a Friend Move

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We Can...

Make a Dish for a PotLuck

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We Can...

Chat over Coffee

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We Can...

Welcome People at Events

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We Can...

Assist in a Classroom

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We Can...

Care for Pets

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We Can...

Wash Windows

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We Can...

Teach Someone a Skill

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We Can...

Use Basic Carpentry Tools: i.e. Hammer, Saw, Screw Driver

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We Can...

Do General Basic Household Repairs

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We Can...

**Sell Products
Wholesale or Retail**

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We Can...

We Can...

Do Catering

**Keep Basic
Accounts**

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We Can...

Help a New Mother

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We Can...

Support/Care for People with Mental Health Issues

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We Can...

Do Small Appliance Repairs

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We Can...

Do Basic Car Repairs/ Maintenance

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We Can...

Create a Website

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We Can...

Design an Event

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We Can...

Facilitate Meetings

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We Can...

Do Yoga Sit in the Lotus Position

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We Can...

Assist a Person with a Disability

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We Can...

Organize Field Trips

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We Can...

Operate a Cash Register

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We Can...

Participate in a Tenant/Condo or Resident's Association

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We Can...

Start/manage a band

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We Can...

Manage Property

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We Can...

Refinish Furniture

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We Can...

Drive a Bus

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We Can...

Install Windows

We Can...

Operate Commercial Food Preparation Equipment

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We Can...

Do Large Household Equipment Repair: washers, driers, fridges

We Can...

Drive Commercial Truck/Tractor/Vehicle

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We Can...

Knock out a Wall

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We Can...

Tend a Bar

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We Can...

Make a Budget

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We Can...

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Go Camping

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We Can...

Order Stock for a Shop or Business

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We Can...

Write a Funding Proposal

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We Can...

Participate in a School/Parent Association

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We Can...

Plant/Tend a Community Garden

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We Can...

Host a Dinner Party

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We Can...

Basic Electrical Repairs: ie: Change a Plug

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We Can...

Sing

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We Can...

Paint and/or Decorate

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We Can...

Mow Lawns

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We Can...

Plant and Grow Vegetables

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We Can...

Speak in Public

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We Can...

We Can...

Drive a Car

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Drive a Van

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We Can...

Draw and Paint

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We Can...

Edit Photos, Video or Film

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We Can...

Play an Instrument

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We Can...

Design a Poster or Leaflet

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We Can...

Coach a Sport

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We Can...

Run a Stall or Booth at a Fair, Event or Market

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We Can...

Fix a Bike

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We Can...

Do Basic Sewing

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We Can...

Interview People

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We Can...

Plan Work for Others

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We Can...

Help a Friend Move

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We Can...

Make a Dish for a PotLuck

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We Can...

Chat over Coffee

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We Can...

Welcome People at Events

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We Can...

Assist in a Classroom

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We Can...

Care for Pets

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We Can...

Wash Windows

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We Can...

Teach Someone a Skill

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We Can...

Use Basic Carpentry Tools: i.e. Hammer, Saw, Screw Driver

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We Can...

Do General Basic Household Repairs

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We Can...

We Can...

**Sell Products
Wholesale or Retail**

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We Can...

We Can...

Do Catering

**Keep Basic
Accounts**

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We Can...

Help a New Mother

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We Can...

Support/Care for People with Mental Health Issues

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We Can...

Do Small Appliance Repairs

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We Can...

Do Basic Car Repairs/ Maintenance

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We Can...

Create a Website

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We Can...

Design an Event

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We Can...

Facilitate Meetings

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We Can...

Do Yoga Sit in the Lotus Position

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We Can...

Assist a Person with a Disability

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We Can...

Organize Field Trips

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We Can...

Operate a Cash Register

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We Can...

Participate in a Tenant/Condo or Resident's Association

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We Can...

Start/manage a band

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We Can...

Manage Property

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We Can...

Refinish Furniture

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We Can...

Drive a Bus

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We Can...

Install Windows

We Can...

Operate Commercial Food Preparation Equipment

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We Can...

Do Large Household Equipment Repair: washers, driers, fridges

We Can...

Drive Commercial Truck/Tractor/Vehicle

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