



# CAREER RESEARCH RESOURCES

**What will you do for a living? For many, this is a daunting question. Don't worry! The answer is found in self-reflection and research.**

Deciding on a career path is a complicated process that combines self-reflection—thinking about your skills, values and interests—with industry research. There are many ways to start this exciting process.



## *When's the right time?*

Regardless of where you are in your life's journey, there's no wrong time to research careers and stay up to date on professions that interest you.

Maybe you're a first-year student who has declared a major but unsure of where that major can take you in terms of career. Maybe you're a senior whose plan is shifting after an internship that was not what you expected. Or maybe you're in a job now but thinking of expanding your awareness of other career options. When it comes to career research, there's no time like now!

## *Self Assessment*

The process of researching potential careers starts with a long look in the mirror. At DePaul, we encourage our students to complete a VIPS self-assessment, the process of listing your Values, Interests, Personality and Skills. The DePaul Career Center's Career Exploration Community is a great resource for one-on-one advice and other support to help you determine the career that's right for you.

Learn more with the "Self-Assessment and Career Exploration" handout at [go.depaul.edu/careerlibrary](https://go.depaul.edu/careerlibrary).

# A world of resources

Whether you're doing a self-assessment, want to get a general sense of career options in a given field, looking to do a deep dive into a specific career path or ready to make a plan, there's a world of resources available online to help. Here are just a few:

## Handshake

[depaul.joinhandshake.com](http://depaul.joinhandshake.com)

Explore roles and average salaries in Handshake's "Career Paths" section. You can also follow companies, connect with employers and reach out to peers for q&a.

## DePaul ASK

[depaulasknetwork.com](http://depaulasknetwork.com)

Use the DePaul Alumni Sharing Knowledge (ASK) network to connect with DePaul alumni for career insight, conversations, and networking.

## Monster

[monster.com](http://monster.com)

Monster is a popular online resource designed to connect job seekers and employers. It has a variety of tools to help explore industries and career options.

## The U.S. government has developed a number of helpful resources for job seekers:

### CareerOneStop

[careeronestop.com](http://careeronestop.com)

The Department of Labor's resource for job information. Learn about occupations, job duties, wages, education requirements and employment trends.

### O\*NET

[onetonline.org](http://onetonline.org)

O\*NET's database contains hundreds of occupation-specific descriptions, including work activities, relevant work values, training requirements, industry projections and more.

### Bureau of Labor Statistics

[bls.gov](http://bls.gov)

Find statistics about your desired industry, including trends, growth projections and layoff data.

## HAVE A CERTAIN COMPANY IN MIND IN YOUR JOB SEARCH?

CHECK OUT THESE SITES.

**LinkedIn** Searching for a prospective employer on LinkedIn and examining the profiles of current staff will give you an idea about whom they recruit, what career pathways look like within the company and the culture of the workforce.

**Glassdoor** Glassdoor offers millions of the latest job listings, combined with a growing database of company reviews, CEO approval ratings, salary reports, interview reviews and questions, benefits reviews, office photos and more.