I am a person who . . .

Consider some of the following:

- What you know
- The kinds of people you most prefer to work with
- What you can do
- Your preferred working conditions or context
- Your level of responsibility
- Your likes and dislikes
- Your preferred geographic location
- Your goals
- Your sense of mission and purpose

Instructions: Pause to reflect on who you know yourself to be at the very core. Complete the sentences freely and authentically.

Original idea for activity credited to What Color is Your Parachute? by Richard N. Bolles