

Learning Objectives: Introduction to Leadership Coaching – Overview and Modules 1-3

- Understand the differences between Leadership Coaching and other models of facilitating personal growth and change such as mentoring, training and therapy.
- Identify your own coaching strengths, learning areas
- Understand how to utilize the four phases of the G.R.O.W. model
- Become more skilled at using coaching techniques (powerful questioning, active listening and goal-setting) to help others take concrete action steps.

What are your additional learning objectives:

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